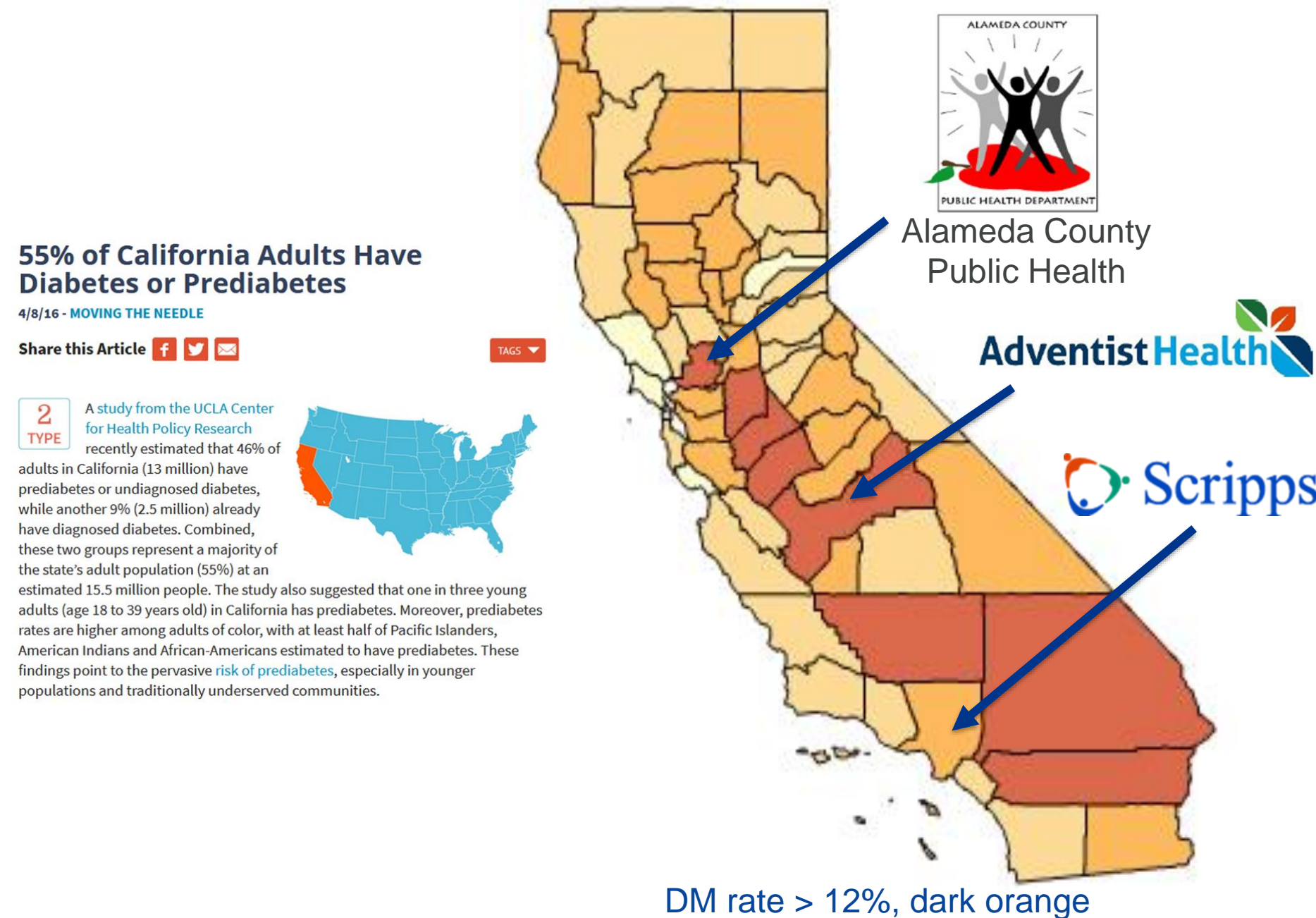


Target Population

People with type 2 diabetes in California (9.6%)

- 1 of 7 adults and 1 of 5 over 65 yrs/old has diabetes
- 1 of 3 patients hospitalized has diabetes mellitus (DM)
- **Disproportionately affects low socioeconomic and ethnic/racial minority groups**
- Statewide partnerships



Problem Addressed

Early recognition and treatment to prevent serious health complications

- Blindness
- Kidney failure
- Heart disease
- Stroke
- Loss of toes, feet, or legs

Early intervention to reduce cost:

- In 2017, **\$245 billion** spent for people with diagnosed DM
- Medical costs are more than **twice as high** as for people without DM
- Risk of death is **50% higher** than those without DM

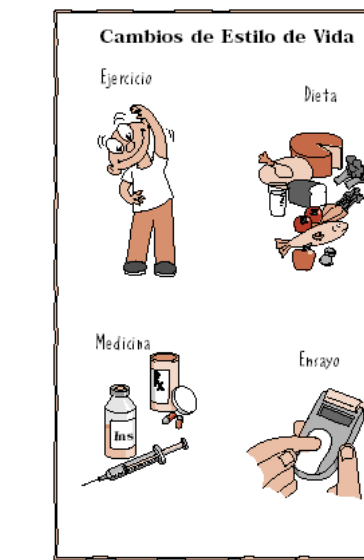
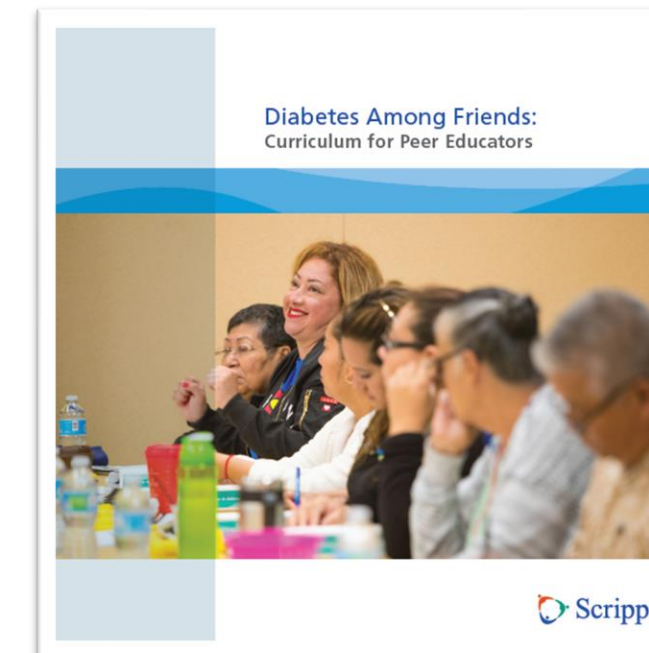
Interventions

What is *Project Dulce*?

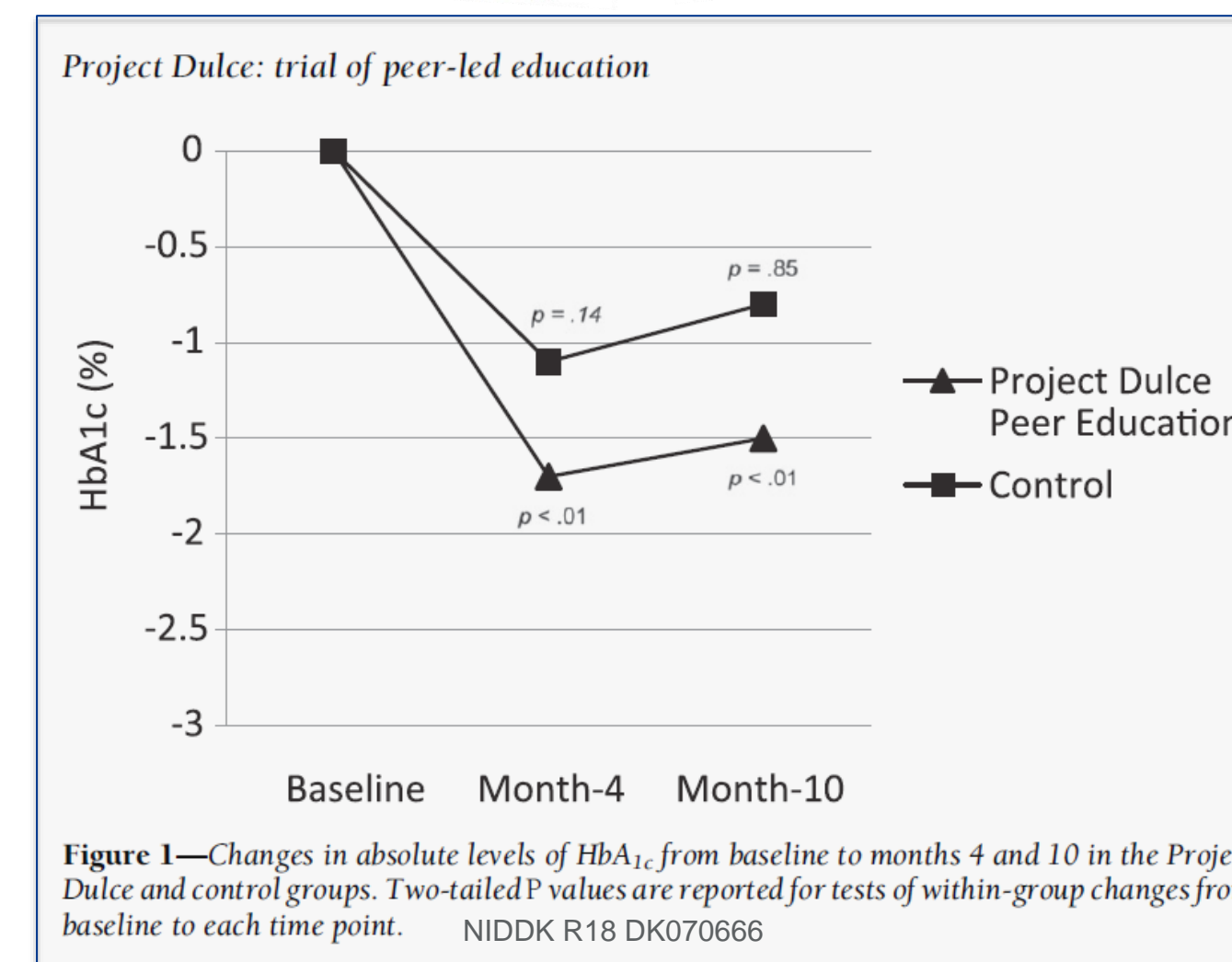
- Multidisciplinary partnership team: Physician, RN/CDE, Medical Assistant in a PCP setting
- Diabetes education delivered by specially trained Peer Educators
- Diabetes electronic registry identifies high risk patients
- Decision support and provider training are conducted to standardize approaches to care

Training and Resources

- Diabetes Education curriculum and education materials in English and Spanish
- Peer Educator training program-3-day initial training, observation, competencies
- Webinars for continuing education quarterly
- Professional education conferences annually (CEU/CME)



Outcomes



Trainings in CA counties with highest diabetes rates

- Trained over 40 peer educators at clinics throughout California.
- 25 organizations have licenses to use the model and curriculum
- Served 20,000 racially/ethnically diverse (65% Hispanic) patients in San Diego County since inception
- Last year, 660 individuals out of San Diego received education by Project Dulce trained educators

Future Directions

Dissemination and Implementation

Nationally:

- One of 3 evidence-based programs approved by CMS and endorsed by American Diabetes Association to provide community-based diabetes education
- Provider for Medicare's *Everyone with Diabetes Counts* campaign
- Trained counties, clinics and health systems throughout US and in Mexico
- Dissemination and Implementation program available for high risk communities across the nation...



Digital approaches

Dulce Digital & Dulce Digital Me

